



# March 2024

Brush twice a day every day, then bring your completed chart to our office for a prize!

| Sun. | Mon.                 | Tue. | Wed. | Thu. | Fri. | Sat. |
|------|----------------------|------|------|------|------|------|
|      |                      |      |      |      | 1    | 2    |
| 3    | 4                    | 5    | 6    | 7    | 8    | 9    |
| 10   | 11                   | 12   | 13   | 14   | 15   | 16   |
| 17   | 18                   | 19   | 20   | 21   | 22   | 23   |
| 24   | 25                   | 26   | 27   | 28   | 29   | 30   |
| 31   | AM BRUSH<br>PM BRUSH |      |      |      |      |      |



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